

JANUARY / FEBRUARY 2024



YOUR PLACE TO CONNECT

Registration Starts Friday, December 29

**SHED THE MEDS AND
MEDICAL ID EVENT**

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**HEART HEALTHY EATING
AND LOWERING CHOLESTEROL**

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**YOUTH & FAMILY SERVICES
WINTER READING CHALLENGE**

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ADULT WINTER READING RAFFLE

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Peconic River Winter
By Janis Hurley
Friends of the Riverhead Free Library
Photography Club Member

The mission of the Riverhead Free Library is to provide the diverse community it serves with access to ideas, information, and a variety of educational, cultural, recreational, and intellectual resources. The Library will do so in an inviting, accessible, and eco-conscious manner.



We ♥ our Riverhead Community



A Message to the Community



Happy New Year to all!

As we look forward to the year ahead, we also reflect on the past year.

Throughout the year we were amazed and appreciative of the generosity and support our patrons have provided. Your kindness helps to assure that the Library remains a vital and vibrant part of our community. We could not do it without you.

With each new year, the Library Board of Trustees invites residents of the Riverhead Central School District who are interested in serving as a Library Trustee to submit an application and resume to the Ad Hoc Committee. Applications are available on the Library's website and at the Patron Services Desk. Applications must be received by March 1, 2024.

If the library can assist you in any way throughout the new year, please do not hesitate to reach out to us. For the latest programs and library information, please visit our website anytime www.riverheadlibrary.org.

Wishing you a happy and healthy 2024!

Kerrie McMullen-Smith

Library Director

WARMING THE HEARTS OF THE COMMUNITY BY WORKING TOGETHER

We accomplished the following through partnerships with community groups in 2023:

- **Long Island Cares** - 2,278 pounds of food for Long Island Cares School Pantries. 249 families served through Long Island Cares Mobile Food Assistance.
- **Island Harvest** - 2,446 Boxes of food distributed to seniors, Veterans and families in need.
- **Family Service League** - 230 individuals assisted by the library's social worker.
- **The Great Giveback** - 102 winter coats were donated.
- **The Mitten Tree Project** - 268 hats, 219 gloves and 156 scarves were donated by the patrons of the Riverhead Free Library.
- **Riverhead Woman's Club PJs & Books** - 68 pajamas and 72 books collected for community children.



COMMUNITY SERVICES ~ Caring for our Community

Long Island Cares Mobile Food Assistance

Thursdays, January 4 & February 1
11:00am-12:00pm

Long Island Cares will supply prepackaged bags filled with non-perishable food items. No identification is required to pick up your emergency supply of food. **This is a walk-up service only.**

* **No Registration Required.**



SNAP Counseling

Thursdays, January 25 & February 22
10:00am-2:00pm

Many families can use SNAP to assist in stretching their food budget, but are unaware that they qualify. To schedule an appointment call or email Maria Carvajal at (631) 579-7051 or mcarvajal@hwcli.com.



Island Harvest Food Distribution

Mondays, January 8 & February 5 • 9:00-11:00am
(While supplies last)

Food assistance for Seniors (60 & Older) and Veterans in the Library Parking Lot.



Suffolk County Office for the Aging - Senior Advocate

Wednesday, January 10 • 10:00am-12:00pm

A Suffolk County Office for the Aging advocate will be available to meet with seniors one-on-one on a walk in basis to help them determine program eligibility, fill out various applications/forms and connect with appropriate services. **No appointment required.**

HIICAP Free Senior Health Insurance Counseling

Wednesdays, January 17 & February 21
9:30am-12:00pm

To register for a 1/2 hour one-on-one appointment, call (631) 727-3228 ext. 301.



Veterans Resource Table

Wednesdays, January 17 & February 21 • 3:00-5:00pm

A Veteran peer mentor from the Joseph P. Dwyer Veterans Peer Support Project will share resources for Veterans and their families.

Catholic Health Mobile Outreach

Tuesday, January 23 • 10:00am-2:00pm

FREE health screenings provided by a registered nurse. No insurance or appointment needed. The Mobile Outreach bus will be parked in the Riverhead Free Library parking lot.



Celebrate Catholic Schools Week Table

Wednesday, January 24 • 5:00-7:00pm

Stop by for information about faith-based education, community and the lasting impact of Catholic Schools.

Shots for Tots

Wednesdays, January 24 & February 28

11:00am-3:00pm

In addition to childhood vaccinations, The Suffolk County Department of Health will offer COVID vaccinations for all approved ages. **This is for VFC/VFA eligible patients only.** For more details, call the Suffolk County Immunization Action Program at (631) 854-0222.

Stony Brook Healthy Libraries Program (HeLP)

Tuesdays, February 6, 20 • 10:30am-1:00pm

Free blood pressure screenings and health related questions answered on a variety of topics.

Free to Low Cost Health Insurance

Need Health Insurance? Health & Welfare Council of Long Island's certified bi-lingual Healthcare Navigators can help you enroll in Medicaid, Child Health Plus and the Essential Plans and apply for a Qualified Health Plan, if eligible, for Special Enrollment. Eligibility based on household size and income. **Call to schedule a phone appointment: (516) 505-4426.**

Stony Brook Healthy Libraries Program (HeLP): Social Work Intern

Tuesdays • 10:00am-1:00pm &
Wednesdays • 3:30-6:30pm

The social work intern will be available to meet with patrons in-person during the hours listed. Call (631) 727-3228 ext. 301 to schedule an appointment.

Senator Anthony Palumbo has generously sponsored the following programs for the Riverhead Community:

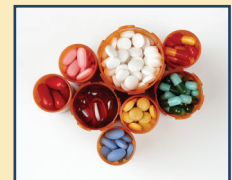


Shed the Meds and Medical ID Event

Friday, January 19

10:00am-2:00pm

Bring your unwanted or expired prescription or over-the-counter medications for collection. Officials will also be on hand to provide no-cost emergency medical alert ID cards.



Taking Care of Your Heart with a Heart Healthy Diet

Friday, February 16 • 11:00am-12:00pm

There are several risk factors for Heart Disease. Diet is a critical factor in heart health that we can control. This talk will focus on the most recent recommendations from the medical literature for a heart healthy diet. **To register, please call (631) 474-6797.**



Unless otherwise noted, all classes for children from birth through Pre-K are intended for parents and children together. Classes for children in grades K-6 are intended for children on their own. **Please adhere to all posted age/grade requirements for programs or registration will not be valid.**

CHILL OUT WITH A COOL BOOK

Sign-up begins on Monday, January 8 through Beanstack.

We challenge you to read for 500 minutes this winter.

January 8-February 26

FOR PARENTS

Stroller Strong Mamas

Thursdays, January 11, 18, 25 & February 8, 15, 22
9:30-10:30 am

Join Stroller Strong Mamas for parent and me fitness. We work cardio intervals and body weight exercises for a full body workout. Bring water and a yoga mat. Kids are always welcome in all Stroller Strong Mamas classes. They may play, be part of the workout or workout alongside us. We lead by example and workout with our kids.

INFANT, TODDLER AND PRESCHOOL (With a Parent/Caregiver)

Toddler Storytime

Wednesdays, January 10, 17, 24 • 11:00-11:30am
For ages 12-36 months.

Come learn and play with your baby and other families with a similarly aged child! Participate in music and sensory activities that are familiar and new to you and your baby!

Infant Massage

Thursday, January 11 • 10:00-11:00am
For ages birth-24 months.

Join Lisamarie Curley as she teaches you the soothing ways of infant massage. Please bring your own towel or baby blanket.

Sing, Sign, with Me

Thursday, January 11 • 11:00am-12:00pm
For ages birth-5 years.

Learn sign language in a meaningful and playful way with Registered and Licensed Occupational Therapist and Certified Signing Time Instructor, Lisamarie Curley.

Baby Start

Fridays, January 12, 26 • 10:00-10:30am
For ages birth-18 months.

An introduction to library programs and circle time for our littlest learners. Focus on early literacy, early language development and socialization.

Sprouts & Friends

Thursday, January 25 • 10:30-11:15am
For ages birth-5 years.

Sprouts & Friends is a music and movement program for families with children. Our mission is to create joy while we play, learn and grow together. Come ready to move and sing with your child.

Dance With Me

Monday, January 29 • 10:00-10:45am
For ages 15 months-3 years.

Join Great South Bay Dance for creative movement dance, activities, free play, tumbling on mats and a story.

Rock and Read

Monday, February 5 • 10:30-11:40am
For ages 12 months-3 years.

Come join A Time for Kids, Inc. as we tap, clap and move to some of our favorite stories.

Toddlers Tango

Wednesdays, February 7, 14, 21 • 11:00-11:45 am
For ages 12-36 months.

Clap your hands, stomp your feet and move to the beat in this interactive music and movement class.

Valentine's Day Story and Craft

Tuesday, February 13 • 11:00-11:40am
For ages 18 months-5 years.

Join A Time for Kids, Inc. as we celebrate Valentine's Day. Activities include music, movement, fine and gross motor development, stories, and of course a craft.

INFANT, TODDLER AND PRESCHOOL CONTINUED (With a Parent/Caregiver)



Valentine's Day Tea Party

Wednesday, February 14 • 2:00-2:40pm

For ages 3-5 years.

Join us for a tea party to celebrate Valentine's Day. Activities include music, stories, and of course a craft.

Babies Boogie

Friday, February 23 • 10:30-11:15am For ages birth-24 months. Dance, play, and sing with Nicole Sparling during this fun and interactive music and dance class.

Sensory Storytime

Thursday, February 29 • 11:00-11:40am

For ages 18 months-5 years.

A unique multi sensory storytime to engage all listeners. Focus on stimulating all senses through active participation, movement, and interactive activities.

SCHOOL AGE CLASSES

(Independent Programs for Grades K-6)

New Year's Vision Boards

Monday, January 8 • 5:30-6:15pm

(Grades 4-6)

It's the new year, and the possibilities are endless! Manifest your goals for 2024 by creating motivational vision boards.

LEGO Club

Tuesdays, January 9, 23 & February 6, 20

5:30-6:30pm

(Grades K-4)

Get your brick on! Build your own creations or build as a team!

STEAM Club: Little Artists

Wednesday, January 17 • 5:30-6:00pm

(Grades K-3)

Tap into your inner painter with us in this art edition of our STEAM Club series!

Chess Club

Thursdays, January 18, 25 & February 15, 29

5:30-6:30pm (Grades 3-5)

Do you know how to play chess or have always wanted to learn? Come join us for Chess Club and learn how to play or improve your chess skills.

Sci-Fi Paint Night

Monday, January 22 • 5:30-7:00pm

Celebrate National Sci-Fi Day by joining us for a story and a creative painting session.

Slime Time: Snowy Slime

Monday, January 29

5:30-6:00 pm (Grades K-2) &

6:15-6:45pm (Grades 3-6)

Join us for a winterful time as we make snow themed slime in our first edition of our Slime Time series.

Valentine's Day Wood Signs

Monday, February 12 • 5:30-6:15pm (Grades 4-6)

Create a beautiful Valentine's Day wooden sign. Keep it for yourself or give it as a gift for someone special.

Slime Time: Valenslime's Day

Wednesday, February 14

5:30-6:00pm (Grades K-2) &

6:15-6:45pm (Grades 3-6)

Celebrate the holiday with us in this Valentine's Day edition of our Slime Time series.

Reach for the Stars STEM Storytime

Tuesday, February 20 • 11:00-11:30am

(Grades K-2)

Celebrate Black History month and learn all about Mae Jemison in this space themed STEM storytime.

Diggin' Up Dinos

Wednesday, February 21 • 5:30-6:15pm

(Grades K-3)

Calling all dinosaur lovers! There are dino fossils at the library. Can you help us dig them all up? Listen to stories and participate in fossil excavation activities!

LEGO Boost Challenge

Thursday, February 22 • 3:00-4:30pm

(Grades 4-6)

Celebrate National Engineers Week and put your STEM problem-solving skills to the test by participating in our LEGO Boost Challenge! Grab some friends, make a team, and present your instructions to the BoostBot on how to get through obstacle courses as fast as possible.

STEAM Club: Marvelous Music

Wednesday, February 28 • 5:30-6:00pm

(Grades K-3)

Join us for a symphony of fun as we build our very own instruments in this music edition of our STEAM Club series.

FOR FAMILIES (One registration per family)

BenAnna Band

Sunday, January 14
1:00-1:30pm

For families with children
12 months-6 years.

Dance, play, and sing along
to BenAnna Band's high-energy
mix of pop music, children's classics, and their own original
songs.



Paint and Sip

Saturday, February 3 • 11:00am

For families with children in grades 4-12.

Join us for a paint and sip with friends. We will spend the
hour creating on canvas. This program is designed for
any level of artist (a step by step painting tutorial will be
provided). Comfy clothes are encouraged but not required.

TEEN AND TWEEN DROP-INS

(Grades 4-12)

Drop-in and Chill

Tuesdays, January 9, 16, 23 • 3:00-5:00pm

Drop-in and game on our PS5 or Nintendo Switch,
play on one of our gaming computers, complete a
craft in our craft cart, or sit down and do homework.

Mason Jar Snow Globes

Monday, January 8-Saturday, January 13

Drop-in for a fun winter craft that you can take
home.

Comic Collage Clocks

Monday, February 12-Saturday, February 17

Create and decorate your own wall clock with old
comic books!

TEEN LOFT

(Independent Programs for Grades 6-12)

Anime Afternoon

Friday, January 5 & February 2 • 2:30-4:30pm

Watch a movie while enjoying snacks and anime crafts
with Mr. Tom.

Tabletop Thursdays

Thursdays, January 4, 25 & February 1, 15

5:30-7:00pm

Live action role playing tabletop games for those who
love Dungeons and Dragons. From Fantasy to Mystery
games.

Chess Club

Thursdays, January 18, 25 & February 15, 29

3:30-4:30pm

Do you know how to play chess or have always wanted
to learn? Come join us for Chess Club and learn how to
play or improve your chess skills.

Writing Club

Thursday, January 11 • 5:00-6:00pm

For our first meeting of the new year, it's game time!
Join us for some Pictionary and Scattergories.

Thursday, February 8 • 5:00-6:00pm

Let's spread some optimism! This month we'll be writing
positivity poems to share with the library community.
Earn 1 hour of community service.

Super Smash Bros Tournament

Friday, January 26 • 3:00-4:30pm

Put your skills to the test in our Smash Bros
tournament! One winner will receive a Panera gift card.

Mario Kart 8 Tournament

Friday, February 23 • 3:00-4:30pm

Put your skills to the test in our Mario Kart tournament!
One lucky winner will receive an iTunes gift card.

COMMUNITY SERVICE OPPORTUNITIES

LEGO Buddies

Tuesdays, January 9, 23 & February 6, 20

5:30-6:30pm (Grades 8-12) Volunteer in our LEGO Club
to help littles build their creations. **Participants will
earn 1 hour of community service.**

Teen Advisory Board

Tuesday, January 16 • 5:00-6:00pm

Join our teen volunteers to brainstorm new program
ideas. What do YOU want to see from your teen
department? Snacks will be provided. **Participants will
earn 1 hour of community service.**

DIY Dog Rescue Scarves

Saturday, January 20 • 11:00am-12:00pm

Come join us as we participate in a community service
project and create stylish, personalized neck-wear
for shelter dogs awaiting their fur-ever homes. The
bandanas you create will be donated to a local shelter.
Participants will earn 1 hour of community service.

Birthday Bags

Tuesday, February 20 • 12:00-1:00pm

Everyone's birthday deserves to be special! Help us
put together a birthday in a bag for children in need.
Participants will earn 1 hour of community service.
**Earn an extra 15 minutes of community service for
each item you donate (cake mix, frosting, disposable
cake pan, candles)**

There are other ways to give back to your
community! Check out the Teen Services
page on our website for more details.



Call (631) 727-3228 or visit our website at riverheadlibrary.org to register for programs that do not have a fee. Register in-person at the front desk for all programs with a fee. Payment is due at the time of registration. Registration fees are non-refundable unless the library cancels the program.

Adult Winter Reading Raffle 2024: Birds of a Feather, Read Together

January 8-February 16

Registration for RFL card holders begins January 3. Sign up at the Reference Desk to receive a kit that includes raffle tickets and suggested reading lists. Weekly drawings will be held on Fridays at noon.



Our Feathered Friends: Facts, Fun and Folklore

Wednesday, January 24 • 6:00-7:00pm

Dianne Taggart will expand and test your bird knowledge.



Winter Bird Walk at Hallock State Park Preserve

Wednesday, January 31 • 10:00am-12:00pm

(Rain/Snow date February 21)

Naturalist and experienced birder, MaryLaura Lamont leads this guided walk to locate and identify Long Island bird species that thrive in winter. Bundle up and bring your binoculars!



Author Talk with Carl Safina

Friday, February 2 • 7:00-8:00pm

Author and MacArthur "genius" Fellow Carl Safina discusses his book *Alfie & Me: What Owls Know, What Humans Believe* about raising, then freeing an orphaned screech owl during the pandemic.



LEARN SOMETHING NEW

\$ Beginner Mah Jongg

Mondays, January 8, 22, 29 • 10:00am-12:00pm

Join instructor Jacqui Palatnik as she introduces you to the tiles and basic moves of this ancient game. (\$8 per person due at the time of in-person registration.)

Estate Planning in 2024

Monday, January 22 • 1:30-3:00pm

Join Partner Britt Burner, Esq. of Burner Prudenti Law, P.C. as she discusses the basics of Estate Planning including Advance Directives, Durable Power of Attorneys, Last Will and Testaments and more.

Girls and Women in Sports Day: Introduction to Running

Monday, February 5 • 6:00-7:00pm

Find out what it takes to be a competitive runner and racewalker from a decorated racewalker. Elite female runners from Long Island will also be discussed.

Classic Cinema:

President's Edition

Friday, February 16 • 2:00-4:00pm

Lenny Buonanducci will be showing the 1939 John Ford classic film, *Young Mr. Lincoln*.



BOOKS AND BEYOND

House of Eve Book Discussion with the Author

Tuesday, January 23 • 6:00-7:00pm

Author Sadeqa Johnson will Zoom into the discussion!



Vintage Vignettes: Historical Fiction Club

Thursday, January 25 • 1:00-2:00pm

The Social Graces by Renee Rosen

Thursday, February 29 • 1:00-2:00pm

The First Ladies by Marie Benedict



Meet the Author: Lauren Rico

Tuesday, February 6 • 6:00-7:30pm

Author Lauren Rico will discuss and read portions of her new novel, *Familia*. Books will be available for purchase.



Red, White & Royal Blue Book Discussion

Wednesday, February 14 • 11:00am-12:00pm

This 2019 GoodReads Choice Award for Best Romance and Best Debut novel will be discussed.



ARTS AND CRAFTS

Beginning Crochet

Tuesdays, January 9 & February 6 • 12:00-1:00pm

For the beginner, but any skill level is welcome. Bring a light colored skein of yarn and a size H, I, J or K crochet hook. Sylvia Saunders and Helen Horton, volunteer co-instructors will provide instruction for Beginning and Intermediate Crochet.

Intermediate Crochet

Tuesdays, January 9 & February 6 • 1:00-2:00pm

For those who have crocheted before, but beginners from the prior class are welcome to stay. Bring a light colored skein of yarn, a size H, I, J or K crochet hook and any crochet pattern you'd like to discuss.

Crackled Glass Earrings with Lisa

Friday, January 12 • 1:00-2:00pm All materials will be provided.

Drawing Techniques

Mondays, February 12 & 26 • 5:00-7:00pm

Keith Mantell will guide you through some of the techniques of drawing. If needed, drawing pads will be available for purchase at the Circulation Desk.

VIRTUAL TRAVEL

Billy Joel's New York

Wednesday, February 21 • 7:00-8:00pm

Take a virtual tour of Billy Joel's New York with stops at locations such as the eateries that inspired the Italian Restaurant and Parkway Diner.

Everglades 101

Monday, February 26 • 7:00-8:00pm

Join this Park Ranger guided natural tour and learn about the delicate balance of the Everglades ecosystem and the importance of these adaptations for survival.

TO HONOR DR. MARTIN LUTHER KING, JR.

2nd Annual Martin Luther King, Jr.

Day of Service: Volunteer Expo

Saturday, January 13 • 1:00-2:30pm

Discover many ways to honor Dr. King through service to the community. Meet with local non-profits and choose volunteer opportunities such as helping with animals, assisting at events, working in gardens or food banks and so much more. Presented by the Heart of Riverhead Civic Association.



FEBRUARY IS
**NATIONAL
LIBRARY
LOVERS'
MONTH**

Let us know what you LOVE about your library. Visit the Adult Reference Desk to express your library love on a paper heart that will be displayed on and around the desk throughout the month.

COOKING

\$ Coffee Cake Muffins with Rob Scott

Thursday, January 18 • 1:00-2:00pm

Bring to class: 12 count muffin tin, 1 large and 2 medium bowls, a whisk and a spatula. (\$8 per person due at the time of in-person registration.)



An Island Harvest nutritionist will present information on the following topics with a food demo, tasting, recipes and handouts.

Heart Healthy Lifestyle Tips

Friday, January 26 • 12:00-1:00pm

Exploring the Many Benefits of Fiber

Friday, February 23 • 12:00-1:00pm



\$ Chocolate Banana Snickerdoodle Bread with Rob Scott

Monday, February 12 • 1:00-2:00pm

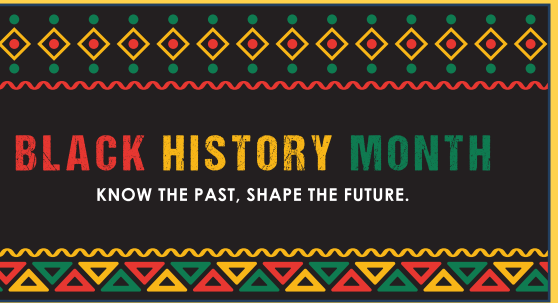
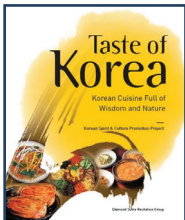
Bring to class: 9x5 loaf pan, 2 large bowls, rubber spatula and a small bowl. (\$8 per person due at the time of in-person registration)



\$ Taste of Korea: Full of Wisdom & Nature

Saturday, February 17 • 11:00am-1:30pm

Join the Korean Spirit and Culture Promotion Project as they demonstrate four traditional Korean dishes and serve a full meal. The meal will be served in Bangjja bronzeware, an ancient form of Korean tableware. Short documentary films about Korean history and culture will be shown after the demonstration. (\$5 per person due at the time of in-person registration)



“Step” Film Viewing

Saturday, January 27 • 11:00am-1:00pm

Begin the celebration of Black history month by viewing the energetic and emotional documentary “Step” followed by a live Step Dance Team demonstration from the Butterfly Effects Project’s dancers.



Celebration of Black History Month: Black Joy

Wednesday, February 7
7:00-8:00pm

Join Brenda Simmons, founder of the Southampton African American Museum and Dr. Georgette Grier-Key, Executive Director & Curator of the Eastville Community Historical Society for a discussion celebrating Black history.



Generations: This Is Our Story

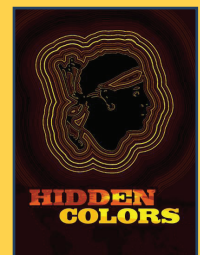
Saturday, February 10 • 2:00-3:30pm

An intergenerational performance that takes audience members on a creative journey through milestones in Black history. Music, poetry, dance and the spoken word will be woven together to depict aspects of the joy, sorrows, talents, and resilience of this community over time. Performers include accomplished musicians — some who have worked with Bob Marley, Susan Tedeschi, Wyclef Jean, and others — and up-and-coming artists and students.

“Hidden Colors” Film Viewing

Saturday, February 24
11:00am-1:00pm

The stunning documentary “Hidden Colors” explores the hidden truth of Black history. The movie will be followed by a discussion led by Bubbe Brown.



DEFENSIVE DRIVING

\$ Defensive Driving Courses

Friday, January 12 • 9:30am-3:30pm

Saturday, January 20 • 9:30am-3:30pm

Tuesday, February 13 • 9:30am-3:30pm

On the day of the class, bring your driver’s license and payment to be given to the instructor. **Fee \$33.** (Payment can be made using cash, check or money order made payable to Empire Safety Council.)



\$ Curso de Manejo Defensivo

sábado, 3 de febrero • 9:30am-3:30pm

Llegan 15 minutos antes del curso con su licencia de conducir y un cheque pagado directamente a Empire Safety o dinero en efectivo, para ser entregado al instructor el día de la clase. **Cuota \$35.**



STAY HEALTHY

Fall Prevention Workshop

Friday, January 19 • 11:00am-12:00pm

Elizabeth White-Fricker, DO, will discuss how to identify risks of falls, prevention strategies to avoid falling, what to do if you fall and the role of the primary care provider in preventing and screening for fall risks.



Tips for Successful Aging in Place

Wednesday, February 7 • 12:00-1:00pm

Learn tips to ensure your safety and well-being so you can enjoy a happy and healthy life well into your golden years in your own home.



Stony Brook Southampton Hospital & East End Libraries Present



Healthy Eating to Start the New Year

Thursday, January 18 • 12:00-1:00pm



Women's Heart Disease

Thursday, February 15 • 12:00-1:00pm



PBMC Health Talks

PBMC Health Talks feature medical professionals who provide expert information about health issues and health care available for the Riverhead Community.



Pelvic Floor Therapy

Thursday, January 11
12:00-1:00pm



Blood Pressure Screening

Friday, February 2
11:00am-1:00pm

Drop in for a free blood pressure screening provided by a PBMC medical professional.



GET FIT

Virtual Body Sculpting with Claire

Tuesdays & Thursdays

January 2, 4 & February 1, 6, 8, 13, 15, 20, 22, 27, 29
9:00-10:00am



Virtual Breathe Together with Charyl

Tuesdays, January 2, 9, 16, 23, 30 & February 6, 13, 20, 27 • 10:00-10:25am



Virtual and In-Person Chair Yoga with Susan

Thursdays,
January 4, 11, 18 & February 1, 8, 15
11:00am-12:00pm



Tai Chi for Arthritis and Falls Prevention

Tuesdays & Thursdays, January 4-February 29
2:00-3:00pm



Virtual Zumba Gold with Irina

Fridays, January 5, 12, 26 & February 2, 9, 16
10:00-11:00am

Classes will be conducted virtually, but you may choose to join others, in-person, as we project Irina's classes on the screen.



Mat Pilates with Leisa

Mondays, January 8, 22, 29 & February 5, 12, 26
10:00-11:00am



Tai Chi with Denise

Mondays, January 8, 22, 29 & February 5, 12, 26
4:00-5:00pm



30 Minute Reiki Circle with Machi

Mondays, January 8, 22, 29 & February 5, 12, 26
7:00-7:30pm



Virtual Meditation Classes with Susan

Wednesdays, January 31 & February 28
7:00-8:00pm



TAX ASSISTANCE PROGRAMS

Free Tax Assistance

Registration for income eligible Riverhead Free Library cardholders starts **Wednesday, January 10 at 9:30am**. First come, first served. Registration for income eligible non-Riverhead library cardholders starts **Wednesday, March 6 at 9:30am**. (Appointment availability in March is not guaranteed.)

AARP Free Tax Assistance and Counseling Appointments

Mondays and Fridays, February 2-April 15 • 9:30-11:30am

Intake forms will be mailed two weeks prior to appointment date.

VITA Free Tax Assistance and Counseling Appointments

Saturdays, February 3-April 13 • 11:00am-1:30pm

Please arrive 15 minutes early to complete an intake form.

For all tax appointments bring:

- A copy of last year's tax return (Call the IRS at 1(800) 829-3676 for a transcript of your 2022 return)
- Social Security Card
- Photo ID
- Bank routing and account numbers

All tax returns will be completed on the day of your appointment.

New This Year! Non-Filers Tax Assistance

Friday, February 23 • 9:30-11:30am

In order to avoid identity threats, AARP suggests that singles/couples whose income is below the IRS filing thresholds should file a 2023 return. If you have been a non-filer, our AARP tax volunteers will be here to assist you on a walk-in basis. Regular tax filers should schedule an appointment and will not be seen on this day. For more information call (631)727-3228 ext. 301.



Riverhead Library is not responsible for the accuracy of your tax return, advice, or services rendered by AARP and VITA preparers. You are responsible for obtaining your preparer's name and follow-up information at the time of your appointment.

GET TOGETHER

Writer's Workshop: The Fiction Factory

Tuesdays, January 16 & February 13, 27 • 5:30-7:30pm

Structures of Sound

Tuesdays, January 9, 23 & February 6, 20 • 5:30-6:30pm

Hallockville Old Time Jam

Thursdays, January 11, 25 & February 8, 22 • 5:30-7:30pm

Poetry Street: The Room Without a Roof Where Every Voice is Heard

Saturdays, January 27 & February 24 • 2:00-4:00pm



CAREER CENTER



Call (631) 727-3228 ext. 301 to schedule a 1/2-hour in-person or virtual appointment.

Individualized Career Coaching

Wednesdays, January 3 & February 7
10:00am-1:00pm



Career Advising

Wednesday, January 10 & February 14 • 2:00-4:00pm

SCORE Free Individualized Business Counseling

Friday, January 12 &
February 9 • 10:00am-1:00pm



Suffolk County Parks Lifeguard Recruitment

Wednesday, January 17 • 7:00-8:00pm

Join us for an informational session to learn how to become a Suffolk County Lifeguard. Individuals must be 15 years old or older (as of Summer 2024) with athletic skills and swimming experience. Under 18 must be accompanied by an adult. Event sponsored by the Suffolk County Department of Labor.



SENIOR SOCIALS



Registration is required for all socials!

Senior Lunch Social

Wednesday, January 24 • 1:00-3:00pm
Cucina 25, 12 West Main St., Riverhead

Senior Dinner Social

Wednesday, January 17 • 5:30-7:30pm
Applebee's, 1832 Old Country Rd, Riverhead

Senior Lunch Social

Wednesday, February 7 • 1:00-3:00pm
On the Docks,
177 Meeting House Creek Rd., Aquebogue

Senior Dinner Social

Wednesday, February 21 • 5:30-7:30pm
Birchwood, 512 Pulaski St., Riverhead



LANGUAGE LEARNING

Intermediate German

Tuesdays, January 2, 9, 16, 23, 30 & February 6, 13, 20, 27
9:45-11:00am



Italian Dialogue, Grammar & Culture

Wednesdays, January 3, 10, 17 & February 7, 14, 21 • 4:00-5:30pm



Conversational Spanish

Thursdays, January 4, 11, 18, & February 1, 8, 15 • 4:00-5:30pm



Conversational German

Fridays, January 5, 12, 19, 26 & February 2, 9, 16, 23
10:00-11:15am



TECHNOLOGY

Drop-In Tech Help: Bring your Device

Mondays • 9:00am-12:00pm
Tuesdays • 9:00am-12:00pm
Wednesdays • 2:00-5:00pm

Get one-on-one help learning to use your phone, tablet or Kindle. Do you have questions about using Google Drive or Microsoft Office? Bring any passwords you may need.



Tech Help Appointments

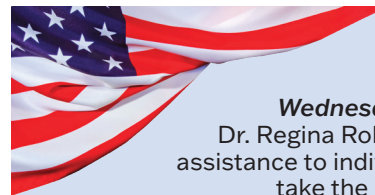
Call (631) 727-3228 ext. 301 to make an appointment for tech help.



Computer Basics

Wednesday, January 17 • 1:00-2:00pm

Andrew will guide you through the basics of your computer.



Citizenship Test Study Group

Wednesdays • 6:00-7:30pm

Dr. Regina Robin provides drop-in assistance to individuals preparing to take the US Citizenship test.

Beginner English with LIEOC

Tuesdays & Thursdays, January 23-May 16 • 4:30-7:30pm

Unlock the power of language with our ESOL (English for Speakers of Other Languages) course.

Tailored for beginners, this program is designed to enhance speaking, listening, reading, and writing abilities. Join us on a journey which will open doors to new opportunities and change the way you connect with the world.



Desbloquee el poder del idioma con nuestro curso ESOL (inglés para hablantes de otros idiomas). Diseñado para principiantes, este programa está diseñado para mejorar las habilidades de hablar, escuchar, leer y escribir. Únase a nosotros en un viaje que le abrirá puertas a nuevas oportunidades y cambiará su forma de conectarse con el mundo.

Friends of the Riverhead Library Photography Club

Thursdays, January 11, 25 & February 8, 22
6:30-7:30pm

For up to date information on meetings, events, photo walks, assignments and photo trips, please visit our Facebook group <https://www.facebook.com/groups/riverheadphotoclub>, website riverheadphotoclub.org or Riverhead Library page <https://friendsoftheriverheadlibrary.org/photo-club/>



Friends of the Riverhead Library Travel Club

Thursdays, January 4 & February 1
6:30-7:30pm

On January 4, Dr. Marianne McNamara will present *Antarctica: My Experience at the Bottom of the World*. If anyone is interested and able to make a presentation of a beloved trip, please email Claire Ondrovic rhosereo@optonline.net.



SUNDAY AFTERNOON CONCERTS



Piano Plus Concert:
Madeline Koehler, vocalist and Richard Iacona, pianist
Sunday, January 7 • 1:30-3:00pm
(Snow Date January 21)

With a multitude of performance and arranging credits to their names, this dynamic husband and wife team will perform a wide array of beloved American Popular songs. This is sure to be a performance you will not want to miss!



Love Songs from the Legends

Sunday, February 11 • 2:00-3:30pm

The "Perfect Combination," Donna Lee Maida and Kenny Hendricks will take you through the decades with the great legends of music! You'll hear and sing along to songs from artists such as Natalie Cole, Frank Sinatra, Barbra Streisand, Billy Joel and many more.

Stevie G.B. Clean Comedian

Sunday, February 25 • 1:30-2:30pm

Join comedian Stevie G.B. for some good, clean fun!

ON DISPLAY

IN THE CASES

January - Realizing a Dream:
The Life of Rev. Dr. Martin Luther King Jr.
Curated by AAECF
Young Men Transitional & Mentoring Group

February - To commemorate Black History Month, photos, textiles and art of the local African American community will be on display.

Displays presented by the AAECF, Inc.



IN THE OVERTON GALLERY

Pet Portraits by Liz Carrera, artist and Veterinary Science Technology student.

Interested in displaying your artwork at the library? The Overton Gallery and Display Cases highlight the talents of local artists. If you are an artist interested in sharing your talents, please contact Annette Cassidy annette4590@gmail.com for the main floor Display Cases or Gena Harsch genaharsch@gmail.com, for the Overton Gallery.

MUSEUM PASSES

Thanks to the generosity of the Friends of the Riverhead Free Library, the current list of passes may include:



- Brooklyn Botanical Garden
- Children's Museum of the East End (printable)
- Cradle of Aviation Museum
- Guggenheim Museum
- Long Island Children's Museum
- Long Island Science Center
- Museum of Modern Art
- New York Hall of Science
- Parrish Art Museum
- Vanderbilt Museum



Passes are subject to availability.

With Appreciation:

The Riverhead Free Library would like to express gratitude to:

- Jeanne Drozd for her donation of two books about St. Isidore's and a 1948 Riverhead High School yearbook.
- Michele Cappetta for her donation of 1939 and 1940 Riverhead yearbooks and the book *Riverhead Strong*.
- Samia Smithwick for her donation of International Wooden Tribal Masks.



330 Court Street, Riverhead, NY 11901
 Phone: 631-727-3228 Fax: 631-727-4762
www.riverheadlibrary.org

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ASSISTANT DIRECTOR

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CURBSIDE SERVICE AT RFL

Curbside service continues. If you would like Library staff to bring holds to your car, it's easy to organize. Once you have received notice that your holds are ready for pick up, you can make a reservation by calling 631-727-3228 ext. 305 or 135. When you arrive, park in one of our marked curbside spots. Then, call to let us know you are here. We'll be right out.

HOURS:

Monday-Thursday: 9:00am to 8:00pm
 Fridays: 9:00am to 5:00pm
 Saturdays: 9:00am to 5:00pm
 Sundays: 12:00pm to 4:00pm

The Library will be closed on:

**Monday, January 1 • Monday, January 15
 Monday, February 19**

The Monthly Board of Trustees Meetings will be held on Wednesday, January 10 & February 14 at 6:30pm.

Use our QR code for easy access to our resources and programs. Just use your camera to scan the barcode.



CLUB CALENDAR

Weekly and Monthly clubs include the following:

- BRIDGE - Mondays 1:00-4:00pm
- CHESS - Mondays 5:45-7:45pm
- MAHJONGG - Wednesdays 1:00-3:00pm
- STAMP CLUB - 2nd & Last Thursday 6:00-7:00pm
- CANASTA - Fridays 1:00-3:00pm



Join your neighbors. Interested in something you don't see? Email us at adultprograms@riverheadlibrary.org

BOOKS-BY-MAIL is a free service that delivers large print books and audiobooks on CD through the US Postal Service to homebound eligible RFL cardholders who are unable to visit the library because of a temporary or long-term physical disability. Call 631-727-3228 ext. 301 for more information. If you qualify, an application will be mailed to you.



DISCOUNTED AQUARIUM TICKETS ARE AVAILABLE FOR SALE AT THE LIBRARY'S CIRCULATION DESK FOR \$27 EACH.

