

SEPTEMBER/OCTOBER 2023



YOUR PLACE TO CONNECT

Registration Starts
Friday, September 1

SUNDAY AFTERNOON SPECIALS

p. 2

THE GREAT GIVE BACK

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hoopla
IS HERE!

The mission of the Riverhead Free Library is to provide the diverse community it serves with access to ideas, information, and a variety of educational, cultural, recreational, and intellectual resources. The Library will do so in an inviting, accessible, and eco-conscious manner.



We ♥ our Riverhead Community

A Message to the Community

We are pleased to announce the upcoming launch of a free digital media service called **hoopla**. With your library card, you can instantly access and stream a vast collection of digital content, 24/7 on your preferred devices, such as smartphones, tablets, computers, and smart TV's. **hoopla** offers a huge collection of materials in a variety of formats: movies, TV shows, music albums, comic books, ebooks, audiobooks, and magazines. **hoopla** is unique in that everything you see in its catalog is immediately available; you'll never have to place a hold or wait for Hoopla items. Your items will automatically return when the lending period is over. There are never any late fees. To access **hoopla** Digital, library cardholders can simply download the **hoopla** app from their device's app store or visit hoopladigital.com. Click "Sign Up" to create an account. You will be asked to enter your email address and create a password. Then, select the Riverhead Free Library and enter your library card number. Your account is now active and you can begin exploring the extensive catalog and start borrowing and enjoying your favorite digital content.

Kerrie McMullen-Smith,
Library Director

Courtyard CONCERT SERIES

Bring a lawn chair and enjoy the music!

The Lighter Side
Saturday,
September 9
5:30-7:00pm



East End Trio
Friday, September 15
5:30-6:30pm

Sunday Afternoon SPECIALS



Liverpool Shuffle Concert
Sunday,
October 15
3:00-4:30pm
Sing along to everybody's favorite Beatles tunes.



LIVE BEATLE MUSIC

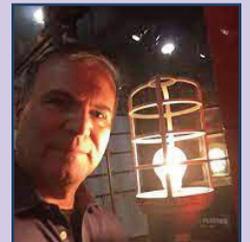


Metaphysical Mania with Winter Brook
Sunday, October 22
2:00-3:30pm

Winter Brook is back providing Spirit messages using tarot cards, psychic, animal communication and mediumship.

Haunted Theatres of Broadway
Sunday, October 29
2:00-3:30pm

Playbill editor Robert Viagas will tell ghost stories from backstage at some of the most busy New York theatres as well as hauntings from three Long Island theatres.



THE GREAT GIVE BACK

THE GREAT GIVE BACK COMMUNITY DRIVES

Coat Drive

Friday, September 1-Friday, October 6
We will be collecting gently used coats for children and adults in need.



Help Us, Help Them Collection

Friday, September 1-Friday, October 6
We are collecting new travel size hygiene products, easy open non-perishable food items (tuna packets, pop top soup cans, granola bars, etc.) and socks for youth and adults in need.

UPCYCLE E-Waste Recycling

Friday, October 20-Monday, October 23
Drop off your used laptops, smartphones, tablets, PCs, iPads, iMacs and more. Upcycle is certified to destroy data and wipe hard drives safely to help tackle the growing environmental issue of e-waste.



The Great Give Back Volunteer Expo

Saturday, October 21 • 12:00-2:00pm
Come speak with representatives from local community organizations to find ways to give back through volunteerism. Presented by the Riverhead Anti-Bias Task Force.

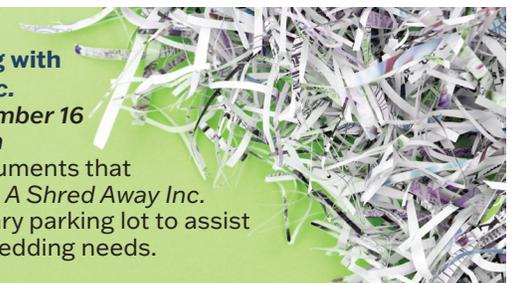
Community Blood Drive

Saturday, October 28 • 10:00am-2:00pm
Give back to the community by donating blood. Presented by the New York Blood Center.

Paper Shredding with A Shred Away Inc.

Saturday, September 16
9:00am-12:00pm

Do you have documents that need shredding? A Shred Away Inc. will be in our library parking lot to assist you with your shredding needs.



COMMUNITY SERVICES ~ Caring for our Community

Long Island Cares Mobile Food Pantry Thursdays, September 7 & October 5 11:00am-12:00pm

Emergency food, fresh produce and frozen meat for community members in need. No identification is required to pick up your supply of food. **This is a walk-up service only. * No Registration Required.**



Stony Brook Healthy Libraries Program (HeLP) Tuesdays, September 12, 26, October 24 & November 7 10:30am-1:00pm

Free blood pressure screenings and health related questions answered on a variety of topics.

Veterans Resource Table

Wednesdays, September 20 & October 18 • 3:00-5:00pm
A Veteran peer mentor from the Joseph P. Dwyer Veterans Peer Support Project will share resources for Veterans and their families. **No registration is required.**

Shots for Tots

Wednesdays, September 27 & October 25 • 11:00am-3:00pm
Childhood vaccinations and COVID vaccinations for all approved ages by the Suffolk County Department of Health. For more details, call the Suffolk County Immunization Action Program at (631) 854-0222.

SNAP Counseling

Thursdays, September 28 & October 26 • 10:00am-2:00pm
SNAP is a program to assist families to stretch their food budget. To schedule an appointment contact Maria Carvajal at (631) 579-7051 or mcarvajal@hwcli.com.

Catholic Health Services Mobile Clinic

**Thursday, October 12
10:00am-2:00pm**

Free flu shots and health screenings. No health insurance necessary.



Free to Low Cost Health Insurance

Need Health Insurance? Health & Welfare Council of Long Island's certified bi-lingual Healthcare Navigators can help you enroll in Medicaid, Child Health Plus and the Essential Plans and apply for a Qualified Health Plan, if eligible, for Special Enrollment. Eligibility based on household size and income. **Call to schedule a phone appointment: (516) 505-4426.**



Social Work Intern

**Tuesdays 10:00am-2:30pm
Wednesdays 3:30-7:00pm**

This September, a social work intern from Stony Brook University's Healthy Libraries Program will be available to meet with patrons during the hours listed above. Call (631) 727-3228 ext. 301 to schedule an appointment.

FOR SENIORS

Island Harvest Food Distribution Mondays, September 11 & October 2 9:00-11:00am (While supplies last)

Food assistance for Seniors (60 & Older) and Veterans in the Library Parking Lot.



Suffolk County Office for the Aging - Senior Advocate Tuesday, September 12 • 10:00am-12:00pm

A representative from Suffolk County Office for the Aging will discuss different benefits and programs available to seniors. The advocate can assist in determining program eligibility, filling out various applications/forms, and connect seniors with the appropriate services. The advocate will meet with seniors one-on-one on a walk in basis; no appointment required.

HIICAP Free Insurance Counseling

Tuesdays, September 19 & October 24 • 9:30am-12:00pm
A trained, NYS-certified HIICAP counselor can assist Medicare-eligible persons with information about how the system works, enrollment, benefits and other available health insurance options. HIICAP counselors are not affiliated with any commercial healthcare insurers or providers. To register for a 1/2 hour one-on-one appointment, call (631) 727-3228 ext. 301.



Scam Prevention for Seniors

Date to be announced
Learn about the most common scams and frauds that target older adults and their money. Sponsored by Assemblywoman Jodi Giglio.



What is Probate? Monday, October 16 2:00-3:00pm

Join Attorney Britt Burner, Partner of Burner Prudenti Law, as she describes the process of probate, the differences between a will and a trust and the situations you may choose to avoid probate.



Basics of Medicare Friday, October 27 12:00-1:00pm

Learn about important enrollment periods, plan types and cost assistance to help you understand "Medicare with Confidence." Presented by Senior Services of North America.





Unless otherwise noted, all classes for children from birth through Pre-K are intended for parents and children together. Classes for children in grades K-6 are intended for children on their own. **Please adhere to all posted age/grade requirements for programs or registration will not be valid.**

DROP-IN CLASSES

Free for the day?
Head to the library for one of these classes!

Parachute Play Saturday, September 2 10:30-11:00am

For ages 2-4 years.
A program full of songs, dance, and games around our parachute.



FOR PARENTS

Managing the Special Education Process Wednesday, October 11 • 6:30-7:30pm

Has your child been referred for a Special Education evaluation or are you thinking about getting your child evaluated because they are having difficulty in school? The process can be overwhelming and confusing. From preschool to high school, Theresa Ceruti a certified School Psychologist can answer questions and help explain the process, the choices, and your rights as a parent. Whether your child is in a private or public school, the CSE (Committee on Special Education, or for preschool the Committee on Preschool Special Education) is the avenue taken to provide needed support if a disability is determined.

INFANT, TODDLER AND PRESCHOOL (With a Parent/Caregiver)

Preschool Storytime

Mondays, September 11, 18, 25 • 2:00-2:45pm

For ages 3-5 years. Get ready for fall with these preschool storytimes featuring stories, literacy activities and sensory play.

September 11: Fun with Apples

September 18: Nuts about Squirrels

September 25: Falling Leaves

Family Romp and Rhyme

Wednesdays, September 13, 20, 27 • 11:00-11:30am

For ages 12 months-under 36 months.

Clap your hands and stomp your feet in this interactive storytime.

Finger Paint Fun

Thursday, September 14

11:00-11:30am

For ages 2-5. Dress for a mess as we explore the wonderful world of fingerpaint!



Mother Goose

Fridays, September 15, 22, 29 • 10:00-10:30am

For ages Birth-12 months.

Musical Kids

Thursday, September 21 • 11:00-11:40am

For ages 3-6. A high energy combination of body movements such as jumping and dancing, parent modeled movements, musical instruments and more!

Dance With Me

Thursday, September 28 • 10:00-10:45am

For ages 12-36 months. Join Great South Bay Dance for creative movement, dance, and activities!

Let's Dance

Thursday, September 28 • 11:00-11:45am

For ages 3-5. Join Great South Bay Dance for creative movement, dance, and activities!

Zumbini

Monday, October 2 • 10:00-10:45am

For ages Birth-4 years. Created by Zumba and BabyFirst, Zumbini is an early childhood education program that uses original music and movement to promote cognitive, social, fine/gross motor skill and emotional development for young children.

My First Storytime

Wednesdays, October 4, 18, 25 • 11:00-11:30am

For ages 12 months-under 36 months. Join Miss Barbara for a toddler geared storytime featuring books, fingerplays and a simple craft.

October 4: Apples • October 18: Acorns • October 25: Pumpkins

1-2-3 Explore With Me

Thursdays, October 5, 12, 19, 26 • 10:30-11:30am

For ages 15 months-under 36 months. Children can play with their parents and interact with other children, while parents have an opportunity to learn about the library, community resources and parenting information. Due to the nature of this program we do NOT allow siblings. **This is a 4 session workshop and ALL sessions should be attended.**

Baby and Me

Fridays, October 6, 20, 27 • 10:00-10:30am

For ages Birth-12 months. A special time to bond with your little one through stories, song, and movement.

Preschool Storytime

Mondays, October 16, 23, 30 • 2:00-2:45pm

For ages 3-5 years. Learn all about different animals with these preschool storytimes featuring stories, literacy activities and sensory play.

October 16: On the Farm • October 23: In the Jungle

October 30: Pets

Toddler Music

Tuesday, October 17 • 11:00-11:40am

For ages 12-36 months. A high energy combination of body movements such as jumping and dancing, parent modeled movements, musical instruments and more!

SCHOOL AGE CLASSES (Independent Programs for Grades K-6)

LEGO Club

Tuesdays, September 12, 26 • 5:30-6:30pm (Grades K-4)

Tuesdays, October 3, 17 • 5:30-6:30pm (Grades K-4)

Get your brick on! Build your own creations or build as a team!

Letters from Afar

Saturday, September 16 • 11:00am-12:00pm (Grades 2-5)

Saturday, October 14 • 11:00am-12:00pm (Grades 2-5)

Join us as we follow fearless explorer Isabelle's journeys around the world! Listen to letters about her amazing adventures, and create fun crafts themed around different global customs and cultures!

Dinosaur Night Light

Tuesday, September 19 • 5:30-6:30pm (Grades 1-3)

Create your very own Dino themed terrarium night light!

STEAM Club: Coding Edition

Wednesday, September 20 • 5:30-6:30pm (Grades K-3)

Test your coding skills and play fun games with us in the first installation of our STEAM Club series!

STEAM Club:

Spooky Science Edition

Wednesday, October 18 • 5:30-6:30pm

(Grades K-3)

Join us as we experiment with ooey, goeey, spooky oobleck during this Halloween themed edition of our STEAM Club series!

Jack Skellington Cupcakes

Sunday, October 22 • 1:00-2:00pm

(Grades K-6)

Create your very own edible Jack Skellington to take home with Chef Rob.

DIY Trick-or-Treat Bags

Tuesday, October 24 • 5:30-6:30pm

(Grades K-4)

Get ready for Halloween night by decorating your very own trick or treat bag!



FOR FAMILIES (One registration per family)

Moonlight Movies:

The Nightmare Before Christmas

Friday, October 6 • 6:00pm

Come join us under the stars to watch *The Nightmare Before Christmas* on the big screen! Seating will be open at 6pm and the movie will start at 6:30pm. Make sure to bring your lawn chair, blankets and favorite snack!



Halloween Family BINGO

Saturday, October 28 • 2:00-3:00pm

For all ages. Play BINGO and win prizes.

Halloween Parade and Storytime

Monday, October 30 • 3:30-4:45pm

For ages 2-7. Come in costume as we celebrate Halloween early.

TEEN LOFT (Independent Programs for Grades 6-12)

Anime Afternoon

Friday, September 1 • 2:30-4:30pm

Watch a movie while enjoying snacks and anime crafts with Mr. Tom.

Tabletop Thursdays

Thursdays, September 7, 21 • 5:30-7:00pm

Thursdays, October 5, 19 • 5:30-7:00pm

Live action role playing tabletop games for those who love Dungeons and Dragons. From Fantasy to Mystery games.

Writerly Wednesdays

Wednesdays, September 13, 27 • 5:00-6:00pm

Wednesdays, October 11, 25 • 5:00-6:00pm

From beginner to skilled, enhance your writing skills from poetry, screenwriting, and original fiction. Meet up with fellow writers to participate in fun writing challenges and tips from Librarian Tom.

Fall Macrame Gnomes

Thursday, September 14 • 5:30-6:30pm

Get into the fall spirit with us as we create adorable fall-themed gnomes!

Zombie Training

Friday, October 6 • 6:30-8:00pm

The zombie apocalypse is imminent! Do you have what it takes to survive? Test your skills with us during a night of games, target practice...and pizza!

Musical Theater Trivia

Friday, October 13 • 3:30-4:30pm

Got a mind for musicals? Come test your musical theater knowledge at Trivia Time! The winner will receive a \$15 Steam gift card!

Jackbox Game Night

Monday, October 16 • 3:30-4:30pm

Play a few rounds on Jackbox! Fans of Trivial Pursuit and Mario Party will have a blast!

Scary Stories to Tell in the Loft

Thursday, October 26 • 6:00-7:00pm

Up the stairs...and to the left...something unspeakable is lurking. Join Mr. Tom in the teen loft for a night of terrifying tales. And be sure to bring a tale of your own...if you've got the guts.

Mario Kart Tournament

Friday, October 27 • 3:00-4:30pm

Do you have what it takes to be the best Mario Kart player? Come to the library for a competition and show us what you've got. The winner gets a gift card.

Spooktacular Movie Marathon

Tuesday, October 31 • 3:00-7:30pm

Come in and watch some Halloween favorites in the Teen Loft while enjoying some Halloween treats.

TEEN DROP-INS

Drop-in and Chill

Tuesdays, September 12, 19, 26
3:00-5:00pm

Drop-in and game on our PS5 or Nintendo Switch, play on one of our gaming computers, complete a craft in our craft cart, or sit down and do homework.

Painting in Pointillism

Monday, September 18-Saturday, September 23
Drop by the Teen Loft and make a painting with Q-tips.

Manga Free Drawing

Monday, October 16-Saturday, October 21
Drop by the Teen Loft and learn how to draw manga like your favorite artists!

GETTING READY FOR COLLEGE CLASSES

These classes will all be held via Zoom. Register to receive the Zoom link.

How to Start the College Process

Tuesday, September 19 • 6:00-7:00pm

Are you feeling overwhelmed or having trouble finding the perfect college that aligns with your career goals? Within this workshop, parents and students will be given helpful tips and resources that will help narrow down the search in deciding which college to apply to and why. Both parents and students will have time to ask questions on the college application process.

Navigating College Admissions Successfully in 2023

Wednesday, September 27 • 7:00-8:00pm

Join us in understanding how the lingering effects from the pandemic have changed the college admissions landscape and how it affects Juniors, Sophomores and Freshmen. This program covers current college admissions trends, the importance of researching and visiting colleges to find schools that can be a good fit for your child, a timeline and other action steps that can be taken to make this Fall productive and help reduce the stress around the college admissions process. The importance of community service will also be discussed and how it's factored in when a student's application is reviewed for admission.

How to Write a College Essay

Tuesday, October 3
6:00-7:00pm

Your personal college essay is a very important component in getting accepted to college. Within this workshop, students will be given resources and tips on how to make their college essay stand out. There will also be time for students to ask questions and gain insight on how they can enhance their personal "story."



How to Write a College Resume

Tuesday, October 17 • 6:00-7:00pm

The college resume is a key highlight in determining if a student has the qualities a college is looking for to gain admission to their school. Within this workshop, students will be given tips on how they can share their personal qualities and experiences that will grab the attention of college admission advisors. Students will be given resources that will help in the design of their resume.

COMMUNITY SERVICE OPPORTUNITIES

Postcard for Veterans

Monday, October 2-Wednesday, November 1

Pick-up a template in the Teen Loft and design a patriotic postcard for our Veterans. The winner's design will be featured on the postcards sent out to the local Veterans Home. All entries are due by November 1. Teens will have an opportunity to earn additional community service hours on Monday, November 6 to write messages to our veterans.

Book Buddies

Wednesdays, September 6 & October 4 • 5:00-6:30pm

Volunteer to assist young students who may be struggling with reading. Volunteers will help young readers in reading aloud and provide support and encouragement to help build reading their comprehension skills.

Participants will earn 1.5 hours of community service.

LEGO Buddies

Tuesdays, September 12, 26 • 5:30-6:30pm

Tuesdays, October 3, 17 • 5:30-6:30pm

Volunteer in our LEGO Club to help littles build their creations. Participants will earn two hours of community service.

DIY Tote Bags for The Great Give Back

Wednesday, October 18
4:00-5:00pm

Decorate tote bags for those in need. Earn 1 hour of community service.

Earn an extra hour of community service by donating hygiene products, easy open non-perishable food items (tuna packets, pop top soup cans, granola bars, etc.) and socks for youth and adults in need.

No Bake Dog Treats for The Great Give Back

Saturday, October 21 • 11:00am-12:00pm

Create some simple dog treats for those adoptable, lovable pups in our local shelter! Participants will earn one hour of community service.



There are other ways to give back to your community! Check out the Teen Services page on our website for more details.



Call (631) 727-3228 or visit our website at riverheadlibrary.org to register for programs that do not have a fee. Register in-person at the front desk for all programs with a fee. Payment is due at the time of registration. Registration fees are non-refundable unless the program is canceled by the library.

DRIVING



\$ Defensive Driving Courses

Saturdays, September 16 & October 7 • 9:30am-3:30pm
Mondays, September 25 & October 30 • 9:30am-3:30pm

Completing this course may save up to 10% on your insurance and reduce up to 4 points from your driving record. This is a 1 day, 6-hour course with a 30-minute lunch break included. A snack, beverage, and sweater are recommended. On the day of the class, bring your driver's license and payment to be given to the instructor. **Fee \$30.** (Payment can be made using cash, check or money order made payable to Empire Safety Council.)



\$ Curso de Manejo Defensivo

sábado, 9 de septiembre • 9:30am-3:30pm

Completando este curso puede ahorrar hasta un 10% en su seguro y reducir hasta 4 puntos de su historial de manejo. Este es un curso de 1 día, 6 horas con un receso de 30 minutos incluido. **Llegan 15 minutos antes del curso** con su licencia de conducir y un cheque pagado directamente a Empire Safety o dinero en efectivo, para ser entregado al instructor el día de la clase. **Cuota \$30.**



\$ Defensive Driving Courses via Zoom

Monday & Wednesday, October 23, 25 • 6:00-9:00pm

This course will be offered over two days, three hours each day. Payment must be received to reserve your spot. A link to register is provided within our online calendar. **Fee \$30.** For more information, contact Empire Safety Council by email defensivedriverny@yahoo.com or by phone (631) 664-0652.



LANGUAGE LEARNING

Italian Dialogue, Grammar & Culture

Wednesdays, September 6, 13, 20 & October 4, 11, 18
4:00-5:30pm

Join Franco Varuolo each week to study Italian dialogue, practice conversation and grammar skills and learn Italian culture.



Intermediate German

Tuesdays, September 5, 12, 19, 26 &
October 3, 10, 17, 24, 31 • 9:45-11:00am

An introduction to vocabulary and grammar for beginners. Some familiarity with German is helpful.



Conversational German

Fridays, September 1, 8, 15, 22, 29 & October 6, 13, 20
10:00-11:15am

Mark Hobson leads us in conversation to sharpen your vocabulary and improve fluency.



English for Speakers of Other Languages (ESOL)

Beginner English Classes

Tuesdays and Thursdays, September 5 - December 19
4:30-7:30pm

Free English classes taught by a certified teacher. Students will learn basic structures and vocabulary of the English language through reading, listening, and pronunciation exercises.



CAREER CENTER

Individualized Career Coaching

Wednesdays, September 6 &
October 4, 18 • 10:00am-1:00pm

Schedule a 30 minute in-person or Zoom appointment with a representative from the Department of Labor who can assist with a job search, resume review, readiness programs, and more.



SCORE Free Individualized Business Counseling

Fridays, September 8 & October 13 • 10:00am-1:00pm

Meet with former business executive Ron Breuer for mentoring and advice for small business owners and entrepreneurs. SCORE is a resource partner of the U.S. Small Business Administration (SBA). Call to schedule a ½ hour in-person or virtual appointment 631-727-3228.



Career Advising

Wednesday, September 13 & October 11
9:00-11:00am

Help searching for a job, writing a resume, or preparing for an interview. Career Advisor Lisa Owens is here to help you explore your career options in a ½ hour virtual or in-person appointment.



Introduction to Fundraising Planning

Friday, September 22 • 2:00-3:00pm

Learn the basic steps for developing a fundraising plan for organizations unfamiliar with the process. This webinar is provided in partnership with Candid Learning.



Suffolk County Department of Labor's Resume and Interview Workshop

Thursday, October 12 • 1:00-3:00pm

Prepare for our upcoming job fair by learning about effective resume writing tips, how to respond to different types of questions in an interview and the follow up process.



Suffolk County Department of Labor Job Fair

Wednesday, October 18 • 1:00-3:00pm

Looking for work? Meet recruiters from businesses across Long Island with current job opportunities. Bring your resume and dress for success! All adults are welcome. No registration required. For more information, contact the Suffolk County Department of Labor, Licensing and Consumer Affairs 631-853-6600.



Citizenship Test Study Group

Wednesdays • 5:00-7:00pm

Dr. Regina Robin provides drop-in assistance to individuals preparing to take the U.S. Citizenship test.

GET TOGETHER

Writer's Workshop: The Fiction Factory

Wednesdays, September 20 & October 4, 18
5:30-7:30pm

Write a fiction piece at home, then bring your work to meetings to share in a seminar style discussion.

Structures of Sound

Tuesdays, September 12, 26 & October 10, 24
5:30-6:30pm

Join Ben to discuss classic albums by the greatest artists of all time, including *What's Going On* by Marvin Gaye, *Songs in the Key of Life* by Stevie Wonder, *Thriller* by Michael Jackson and *Awaken My Love* by Childish Gambino.

Classic Cinema Fridays with Lenny Buonanducci

Fridays, September 15, 29 & October 13, 27
2:00-4:00pm

Join Lenny to view movie classics such as *Beau Geste* (1939) and *Devil's Disciple* (1959). Then, discuss the movie and the original movie poster Lenny will bring in for viewing.

Poetry Street: The Room Without a Roof Where Every Voice is Heard

Saturdays, September 30 & October 28 • 2:00-4:00pm

Community open mic for poetry and spoken word. Take the mic to share your poem, or a poem you love. Listeners are welcome, too. Support your local poets.

Hallockville Old Time Jam

Thursdays, October 12, 26 • 5:30-7:30pm

All are welcome to join in, or just listen, to this acoustic jam. Fiddles, banjos, mandolins, guitars, spoons, washboards, etc., are all used to play Appalachian Mountain and Traditional Music from the 1600s to 1900s.

SENIOR SOCIALS

Come out and make new friends. You will be responsible for paying for what you order. Cash is often preferred for tipping and settling the group bill. **Registration is required for all socials!**

Senior Lunch Social

Friday, September 8 • 1:00-3:00pm
Buoy One, 1175 W Main Street, Riverhead

Senior Dinner Social

Wednesday, September 20 • 5:30-7:30pm
Stonewalls, 967 Reeves Ave, Riverhead

Senior Lunch Social

Wednesday, October 11 • 1:00-3:00pm
Rocco's, 1285 Old Country Rd, Riverhead

Senior Dinner Social

Wednesday, October 18 • 5:30-7:30pm
Pulaski Street Grille, 424 Pulaski St, Riverhead

BOOKS AND BEYOND



Book and a Movie: *The Perfect Storm* by Sebastian Junger

Wednesday,
October 4



6:30-7:30pm

Discuss the book.

Friday,
October 6



1:30-4:00pm

Watch the movie.



Vintage Vignettes: Historical Fiction Club



Thursday,
September 28

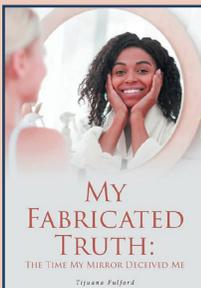
1:00-2:00pm

The Four Winds
by Kristin Hannah

Thursday, October 26

1:00-2:00pm

The Next Ship Home
by Heather Webb



Meet the Author: Tijuana Fulford

Wednesday, September 27

5:00-6:30pm

Tijuana Ford, Executive Director of the Butterfly Effect Project will be at the library to relaunch and discuss her book, *My Fabricated Truth: The Time My Mirror Deceived Me*. Books will be available for purchase and signing.



The Leak: Politics, Activists and Loss of Trust at Brookhaven National Laboratory



Tuesday, October 3 • 7:00-8:00pm

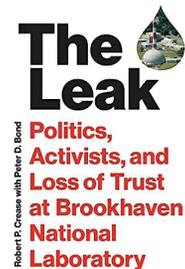
Peter Bond, co-author and interim laboratory director during much of the time covered in the book, will present this riveting story.

Let Freedom Read:

Banned Books Week 2023

Saturday, October 7 • 2:00-3:30pm

Book challenges and censorship in both public and school libraries has increased exponentially. The Riverhead Anti-Bias Task Force will help us understand why this is happening and what we can do about it.



STAY HEALTHY

PBMC Health Talks:

What's New at PBMC?

Thursday, September 21 • 6:00-7:00pm

Amy Loeb, Executive Director of PBMC will discuss the current services offered and future plans for your community hospital.

Breast Cancer: What's My Fate?

Tuesday, October 3 • 6:00-7:00pm

Dr. Susan H. Lee, Chief of Breast Surgery at PBMC, will discuss the highest quality, up-to-date, comprehensive, multidisciplinary breast care for the eastern region of Long Island.



Stony Brook Southampton Hospital & East End Libraries Present



Chronic Obstructive Pulmonary Disease (COPD)

Thursday, September 21 • 12:00-1:00pm

Dr. Kashif Hussain, board-certified in Pulmonary Disease and Critical Care Medicine, will discuss the causes, risk factors, symptoms, diagnosis, treatment and strategies for living successfully with COPD.

Breast Cancer Awareness Month

Thursday, October 19 • 12:00-1:00pm

Dr. Edna Kapenhas, leader of breast surgical oncology at SBSH and medical director of the Ellen Hermanson Breast Center, will discuss risk factors, warning signs and treatment options for patients diagnosed with breast cancer.



MAINTAIN WELLNESS

Suffolk Showers:

A Healthy Baby Begins with You

Wednesday, September 20 • 4:30-7:30pm

A program of the Suffolk County Department of Health Services Office of Minority Health to educate and celebrate mothers-to-be and their families. Community health organizations will be on hand to provide information about their services. Every woman receives a take home gift along with packets of educational information and resources.



Eating As If Your Life Depended On It

Mondays, October 2, 16, 30 • 6:00-7:30pm

Susan Semarade presents the principles of Ayurveda. In this 3-part workshop you will gain an understanding of your own unique body constitution (dosha) and the foods that are best for you.

Domestic Violence Awareness Month Movie and Discussion

Saturday, October 14 • 2:00-4:00pm

View the award-winning documentary about domestic violence survivors "And So I Stayed" followed by a discussion with Serena Ligouri, New Hour Founder and Kimberly Johnson, Unitarian Pastor. Presented by the Riverhead Anti-Bias Task Force.

Unlocking the Connection: How Improving Sleep Can Improve Dementia Symptoms

Thursday, October 26 • 6:00-7:00pm

Presented by Willing Hearts, Helpful Hands, a community service of Parker Jewish Institute for Health Care & Rehabilitation.



GET FIT

BODY

Virtual Body Sculpting with Claire

Tuesdays & Thursdays

September 5, 7, 12, 14, 19, 21, 26, 28 & October 3, 5, 10, 12, 17, 19, 24, 26, 31
9:00-10:00am



Virtual and In-Person Chair Yoga with Susan

Thursdays, September 7, 14, 21 & October 5, 12, 19 • 11:00am-12:00pm



Mat Pilates with Leisa

Mondays, September 11, 18, 25 & October 16, 23, 30
10:00-11:00am



Virtual Zumba Gold with Irina

Fridays, September 8, 15, 22 & October 6, 13, 20 • 10:00-11:00am

Classes will be conducted virtually, but you may choose to join others, in-person, as we project Irina's classes on the screen.



Tai Chi with Denise

Mondays, September 11, 18, 25 & October 16, 23, 30 • 4:00-5:00pm



Wednesday Walking Club

Wednesdays, September 6, 13, 20, 27 & October 4, 11 • 10:00am-12:00pm

Get some fresh air and stretch your legs on an approximately 2-mile walk. Register to receive the location each week. Some locations may charge parking fees, for which you will be responsible. Walking shoes, a bottle of water and a sense of adventure suggested.



MIND

Virtual Breathe Together with Charyl

Tuesdays, September 5, 12, 19, 26 & October 3, 10, 17, 24, 31 • 10:00-10:25am



30 Minute Reiki Circle with Machi

Mondays, September 11, 18, 25 & October 2, 16, 23, 30 • 7:00-7:30pm

Experience a guided energy meditation practice intended to restore balance and inner peace.



Virtual Meditation Classes with Susan

Wednesdays,
September 20 & October 25
7:00-8:00pm



LEARN SOMETHING NEW

Introduction to Drawing

Tuesdays, September 5, 12, 19, 26
6:30-7:30pm

Keith Mantell will provide instruction to improve your drawing skills. Register to receive a supply list for the class.



\$ Beginner Bridge with Arnold Fisher

Wednesdays, September 6, 13, 20, 27 & October 4, 11
10:00am-12:00pm

Arnie will teach you basic Bridge skills. \$15/session, \$90 for all six sessions. Please pay the instructor on the day of the class.

To register, please email arnoldfisher@hotmail.com

Riverhead's Food Scrap Drop-Off Site & Composting 101

Tuesday, September 12 • 6:30-7:30pm

The Long Island Organics Council will talk about Riverhead's municipal food scrap drop-off site and how to participate. They will also explain why and how to compost your food scraps. Information about obtaining a countertop bin through Riverhead Town will also be discussed.



Long Island
Organics Council

Cooking Healthy on a Budget

Friday, September 22 • 12:00-1:00pm

Nutritionist Kathleen Emmett from Island Harvest will present information about making your dollar stretch while maintaining a healthy diet. Food demo, tasting, recipes and handouts will be provided.

\$ Autumn Apple Pie Streusel Bread with Rob Scott

Tuesday, September 26 • 1:00-2:00pm

Make this bread with Rob, then take and bake it to fill your home with the aroma of Autumn. Please bring 2 large crisp apples, peeler, 9x5 loaf pan, a rubber spatula, 1 large and 2 medium bowls. **RFL card holders only.** \$8 per person due at the time of in-person registration.

\$ Beginner Canasta

Tuesdays, October 10, 17, 24 • 1:00-3:00pm

Join instructor Jacqui Palatnik to learn strategies, combinations and how to interact with a partner. Lots of fun! \$9 per person due at the time of in-person registration.

Pumpkin Earrings with Lisa

Friday, October 13 • 1:00-2:00pm

Flaunt your autumn style when you make these seasonal earrings with Lisa. All materials provided.

Using Food Label Information as a Healthy Eating Tool

Friday, October 20 • 12:00-1:00pm

Nutritionist Kathleen Emmet from Island Harvest will help you understand how to read and use food labels to create healthy meals. Food demo, tasting, recipes and handouts will be provided.

It's in the Cards: Tarot Card Readings

Tuesday, October 31

2:30-3:30pm

See what the cards have to tell you. Personal 3 card readings. Call 631-727-3228 ext. 301 for a 10-minute appointment. Bring questions. **RFL Card holders only.**



What the Asylum Process Looks Like

Monday, September 18

6:00-7:30pm

For Hispanic Heritage Month, Southern Border volunteer Lisa Votino explains what asylum is, what the process looks like and how it affects you.

Presented by the Riverhead Anti-Bias Task Force.

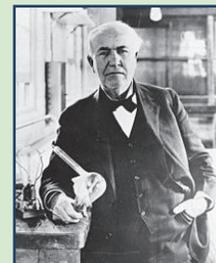


Thomas Edison

Tuesday, September 26

7:00-8:00pm

Join Edward Sierra for an engaging and informative presentation into the amazing life and work of Thomas A. Edison. An East End Libraries presentation.



TECHNOLOGY

Drop-In Tech Help: Bring your Device

Mondays 9:00am-12:00pm

Tuesdays 9:00am-12:00pm

Fridays 12:00-4:00pm

Get one-on-one help learning to use your phone, tablet or Kindle. Do you have questions about using Google Drive or Microsoft Office? Bring any passwords you may need.



Tech Help Appointments

Call (631) 727-3228 ext. 301 to make an appointment for tech help.

With Appreciation:

THANK YOU TO:

The Woman's Club of Riverhead for their monetary donation for a book in memory of Doris Scudder

Timothy Demkin for his monetary donation in memory of John R. Groneman

Connie Troyan for her monetary donation for a book in memory of William Kelly, Sr.

Laurel K. Sisson for her monetary donation in memory of John R. Groneman

Barbara Federmack for her donation of a "Where's Elvis" jigsaw puzzle

Cynthia Sanfilippo for her monetary donation

Ellen Albert for her donation of a Green Screen and lighting for Zoom presentations

Friends of the Riverhead Library Photography Club

Thursdays, September 14, 28 & October 12, 26 • 6:30-7:30pm



For up-to-date information on meetings, photo assignments, photo walks, workshops, and other events please visit our Facebook group <https://www.facebook.com/groups/riverheadphotoclub> and website <https://friendsoftheriverheadlibrary.org/photo-club>.



Friends of the Riverhead Library Travel Club

Thursdays, September 7 & October 5
September - Deborah Wetzel will share details of her 10-day cruise on the Danube River.
October - Ron & Claire Ondrovic will present Sicily in Depth, an Odysseys Unlimited Tour.



If anyone is interested and able to make a presentation of a beloved trip, please email Claire Ondrovic rhosereo@optonline.net.



MUSEUM PASSES



Thanks to the generosity of the Friends of the Riverhead Free Library, the current list of passes may include:

- American Museum of Natural History
- Brooklyn Botanical Garden
- Children's Museum of the East End (printable)
- Cradle of Aviation Museum
- Fire Island Lighthouse
- Guggenheim Museum
- Long Island Science Center
- Montauk Lighthouse Museum
- Museum of Modern Art
- New York Hall of Science
- Parrish Art Museum
- Vanderbilt Museum



Passes are subject to availability.

2023 YELLOW BARN HOURS



Mondays, Wednesdays & Fridays:
 9:00am-2:00pm



Saturdays, September 9, October 28: 10:00am-2:00pm

ON DISPLAY



IN THE CASES

September/October - Watercolor, photographs and fiber arts pieces by Robin Ziemacki.

Interested in displaying your artwork at the library? The Overton Gallery and Display Cases highlight the talents of local artists. If you are an artist interested in sharing your talents, please contact Annette Cassidy annette4590@gmail.com for the main floor Display Cases or Gena Harsch genaharsch@gmail.com, for the Overton Gallery.

CURBSIDE SERVICE AT RFL

Curbside service continues. If you would like Library staff to bring holds to your car, it's easy to organize. Once you have received notice that your holds are ready for pick up, you can make a reservation by calling 631-727-3228 ext. 305 or 135. When you arrive, park in one of our marked curbside spots. Then, call to let us know you are here. We'll be right out.





330 Court Street, Riverhead, NY 11901
 Phone: 631-727-3228 Fax: 631-727-4762
www.riverheadlibrary.org

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Monday-Thursday: 9:00am to 8:00pm

Fridays: 9:00am to 5:00pm

Saturdays: 9:00am to 5:00pm

Sundays: 12:00pm to 4:00pm

(Begins October 15, 2023-April 28, 2024)

The Library will be closed on:

Monday, September 4 & Monday, October 9

The Monthly Board of Trustees Meetings
 will be held on Wednesday, September 13 &
 October 11 at 6:30pm.

Use our QR code for easy
 access to our resources
 and programs. Just use
 your camera to scan the
 barcode.



BOOKS-BY-MAIL

is a free service that delivers large print books and audiobooks on CD through the US Postal Service to homebound eligible RFL cardholders who are unable to visit the library because of a temporary or long-term physical disability. Call (631) 727-3228 ext. 301 for more information. If you qualify, an application will be mailed to you.



CLUB CALENDAR

Weekly and Monthly clubs include the following:

BRIDGE - Mondays 1:00-4:00pm

CHESS - Mondays 5:45-7:45pm

**MAHJONGG - Wednesdays
 1:00-3:00pm**

**STAMP CLUB - 2nd & Last
 Thursday 6:00-7:00pm**

**CANASTA - Fridays
 1:00-3:00pm**



Join your neighbors. Interested in something you don't see? Email us at adultprograms@riverheadlibrary.org

AARP is looking for tax preparers for the 2024 tax season. Help continue the over 20 year tradition of tax preparation at the Riverhead Free Library. We offer training. We are also looking for people with administrative skills to update records regarding volunteer training and equipment, supply ordering and site protocol maintenance. Contact goellertaxes@gmail.com for more information.



Discounted Aquarium tickets are available for sale at the Library's circulation desk for \$27 each.